



HEALTH CARE INFORMATION

Welcome to Seaford College.

The following is a brief introduction to Health Care at Seaford College. Health care is provided by qualified nurses and qualified First Aiders, including all boarding and residential staff. Nurses are on duty on weekdays and at weekends when we host sports fixtures.

The Medical Centre can be accessed throughout the school day by both day students and boarders.

We have a four-bed sick bay, typically used for short periods while students await parents to transport them home, for monitoring illnesses and to isolate infections if required.

REGISTERING WITH THE SCHOOL'S DOCTOR

Full boarding students are registered with Petworth surgery, Grove St, Petworth GU28 0LP. A copy of their passport/driving licence is requested for registration purposes. Flexi and weekly boarders will not be registered unless parents/guardians make a specific request for this.

CONSENT AND MEDICAL RECORDS

In order for staff to fulfil their professional and legal responsibilities and duty of care, consent from students and parents is required for all procedures. There may be some situations where sharing of some health information is necessary with the relevant members of school staff. The issues of informed consent and confidentiality are taken very seriously with emphasis that students are involved and encouraged to take responsibility for their own health. The staff are keen to provide the best possible care for your son/daughter and it is of the utmost importance that we have access to up to date, full and accurate health records, including a full vaccination history. The Medical Record Form must be completed and submitted to the medicalcentre@seaford.org prior to your son/daughter starting at Seaford College.

1. VISITS TO DENTISTS, OPTICIANS AND SPECIALISTS

Please arrange routine appointments during the holidays. For boarders, school can arrange emergency dental appointments with the local dental practice, however unless you have a dental plan or health insurance this will need to be paid for at the time of the visit.

2. IMMUNISATIONS

All immunisations should be up to date before arrival. If you are not sure which **immunisations** he/she has already had you should contact your GP who will be able to check your child's records.

3. SEVERE ALLERGY

If your son/daughter has a history of severe allergy for which she has been prescribed an epipen or Jext (adrenaline or epinephrine injection), please detail this in the Medical Record form. We would request that you supply the school with one spare pen, one to be kept in medical waiting room, the

Prep School or in their boarding house. Information about your son/daughter's medical conditions will be distributed to staff on a need to know basis.

4. QUARANTINE REGULATIONS

Boarding staff should be informed before your son/daughter's return to school if they have been in contact with any infectious disease during the holidays. As long as your son/daughter has subsequently been kept away from the source of the infection and the last date of exposure is reported, they may return to school. Parents are specifically requested not to send their son/daughter back to school while they are still unwell. If your son/daughter contracts an infectious illness whilst they are at school, it will be a requirement for them to recuperate away from school (using Public Health England Guidelines). Please ensure that you nominate a suitable UK education guardian who can provide safe and suitable accommodation, if your son/daughter is unable to return home overseas. It is the responsibility of the guardian to liaise with the school in connection with matters related to health, welfare and educational progress of the student. This includes arranging and attending medical appointments for your son/daughter, and providing consent for them to receive emergency medical treatment if necessary.

5. TREATMENT RECEIVED DURING HOLIDAYS

If your son/daughter has received medical treatment during the holidays, the boarding staff must be informed. Parents should ask their family doctor to send a copy of any relevant correspondence for recent or continuing medical problems involving a Consultant to the Medical Centre (medicalcentre@seaford.org).

6. PRESCRIBED MEDICATION

Medicines of any kind must be kept in the original Chemist's container, labelled with the prescribed information, and name of the student and accompanied by a letter from the doctor. (i.e. ADHD medication). They should be handed to the boarding staff or medical centre on arrival at school. Medicines will be dispensed either by boarding staff or the Medical Centre or may be self-administered by your son/daughter, according to their age and following risk assessment to determine their level of understanding and responsibility. Any medicines brought into school must be labelled with details in English.

7. OVER THE COUNTER MEDICATION

This must be kept in the original Chemist's container and should be given to the boarding staff or Medical Centre with a completed letter from the parent or guardian, confirming the reason for and the dosage of the medication. The boarding staff or medical centre will then dispense the medicines as necessary.

8. PARACETAMOL

The pharmaceutical industry has placed restrictions on the number of tablets sold over the counter, recognising that Paracetamol, which is found in many cold/flu remedies, can cause liver damage if taken in excess. We, therefore, request that pupils do not keep these tablets, as they are available from the Medical Centre whenever needed.

9. MEDICAL TREATMENT

If your son/daughter requires emergency medical treatment, every effort will be made initially to obtain the prior consent of a parent or guardian if the student is under 16 years of age. Children

under 16 may consent for treatment if deemed to be Gillick competent. Should this not be possible in the time available, a senior member of staff or boarding staff, acting in loco parentis, are authorised to give valid consent to such treatment (including anaesthetic or operation).

10. ASTHMA

If your son/daughter has asthma, or a history of asthma, it is important that this is detailed in the Medical Record Form so that school staff have a full understanding of your son/daughter's condition and treatment. Information about your son/daughter's medical conditions will be distributed to staff on a need to know basis.

11. HEAD LICE

It is no longer recommended that routine head checks be carried out in schools. We therefore request that a check be made at home prior to the beginning of each term. Please inform the boarding staff/Medical Centre of any infestation during the holidays. When this occurs in the term the 'wet detection combing technique' will be advised. Parents will be notified and asked to treat all close (head to head contact) members of the family.

12. GLASSES

All students wearing glasses should have a yearly eye sight test. If worn for sport, two pairs are needed so that one pair has non-splinter lenses.