



Seaford College Prep School
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Dear Parents, Carers and Guardians

YEAR 7 TRIP TO THE WITTERINGS – THURSDAY, 5TH SEPTEMBER 2024

We are looking forward to taking pupils in Year 7 to West Wittering on Thursday 5th September, for a day of largely water-based fun. The activities will, to a degree, be determined by tide and weather conditions but may include surfing, SUP paddleboarding (8 people), beach volleyball, power kiting and ultimate frisbee. Pupils should come to school at the normal time, wearing home clothes and we will return in time for school bus departures. A packed lunch will be provided and pupils will need the kit listed below, preferably in a small rucksack.

- Swimming costume/swim shorts
- Towel
- Sun cream and a hat
- A spare top and track suit bottoms (dry clothes); waterproof jacket in case of wet weather
- **Wetsuit if you have one** (but these will be provided otherwise)
- A bag for wet clothing and wetsuit
- Filled water bottle
- Inhalers and EpiPens, if needed

I would be grateful if you would complete the attached 2XS medical form for the listed activities. Please also complete the online consent form (link below) **no later than Tuesday 27th August**. Please be aware that we are unable to take your child without these consent and medical forms.

[Year 7 West Wittering 2XS Trip 5/9/24 - Seaford College \(fireflycloud.net\)](https://www.fireflycloud.net)

If you have any questions about the day, please do not hesitate to contact Mr Disley-May on pdisleymay@seaford.org.

Yours sincerely

Alastair Brown
Head of Seaford Prep